

<p><b>SASY n SAVY</b><sup>®</sup> Australia's Organic Vegan Skincare &amp; Wellbeing</p> <p><b>Sasy n Savy Australia's Organic Vegan Skincare Benefits Ingredients Chart</b></p>		FACE	Spearmint n Lavender Sea Salt Foaming Cleanser	Pure Crème Rose Geranium Cleanser	Purifying Facial Toner	Vitamin Enriched Facial Exfoliant	Vitamin Enriched Facial Recovery Masque	Revive Face Lotion	SPF 15 Skin Firming Crème - Day	Anti-Wrinkle Luxury Crème - Night	SPECIAL CARE	Whiten n Brighten Intensive Serum	Anti-Aging Vitamin Serum	Vitamin Enriched Rejuvenation Serum	Mineral Enriched Firming Eye Cream	Rose Lavender Hand n Nail Repair Crème	Silk Shimmer Body Lotion	BATH N BODY	Peppermint n Rosemary Revive Shampoo	Peppermint n Rosemary Revive Conditioner	Peppermint n Rosemary Revive Bath n Shower Gel	Magnesium Muscle Rub Cream	Walnut Citrus Body Scrub	Citrus Souffle Body Crème	
<b>BENEFITS</b>																									
Anti-inflammatory		1, 17, 21			10,17		21	21				10, 38	38	41, 45		21	21		1, 17, 32, 37	1, 32, 37	17, 32, 37	48, 50, 51			
Anti-bacterial treatment		4, 21	4, 6	4, 10	4, 6	4, 6, 21	4, 6, 11, 21, 28	4, 6	4, 6			4, 10		45, 46	4, 6	6, 21	4, 21		4, 32, 37	4, 32, 37	4, 32, 37	51	4, 6, 28	4, 6, 28	
Anti-fungal treatment		4	4, 6, 27	4	4, 6	4, 6	4, 6, 11, 27	4, 6	4, 6			4		46	4, 6, 27	6, 27	4, 27		4	4	4	51	4, 6	4, 6	
Antiseptic treatment		1, 4, 21, 25	4, 6, 27	4	4, 6	4, 6, 21	4, 6, 21, 27	4, 6	4, 6, 30			4, 15		46, 45	4, 6, 27, 30	6, 21, 27	4, 21, 27		1, 4, 7, 31, 32	1, 4, 7, 31, 32	4, 7, 31, 32		4, 6, 15	4, 6, 15	
Balances the body			27, 35	35	35	35	27, 35	35	35			35	35		27, 35	27, 35	27, 35						35	35	
Cleanses / Exfoliates the skin		23	27				27							45	27	27	27, 35				23		27		
Detoxifies the body		4	4	4	4	4	4	4	4			4		40	4	4	4		4, 37	4, 37	4, 37	49	4	4	
Energizing and soothing		21	27, 35	35	35	21, 35	21, 27, 28	35	35			35	35	40, 44, 41	27, 35	21, 27, 35	21, 27, 35						28, 35	28, 35	
Enhances blood circulation		23	22		22, 34	22, 34	22, 28, 34	34	34					47	34	22	27		23, 31	31	23, 31	50, 51	28, 34	28, 34	
Firms the skin			18	18	18	18	18	18	18, 29			18	18		18, 29	18	18						18	18	
Hydrates the skin		19	18, 22, 36	18	18, 22, 34, 36	18, 22, 34, 36	18, 22, 28, 34, 36	34	18, 30, 34, 36			18	18	44, 41	18, 30, 34, 36	18, 22, 26, 36	18, 36		19	19		49	18, 28, 34, 36	18, 28, 34, 36	
Heals blemishes		1	35	35	34, 35	34, 35	28, 34	35	34, 35			35	35		34, 35	26, 35	35		1			50, 51	28, 34, 35	28, 34, 35	
Heals cuts, burns and abrasions		17	35	17, 35	35	35		35	35			35	35		35	26, 35	35		17	1	17	50, 51	35	35	
Improves peripheral circulation		23			34	12, 34	28, 34	34	34					44, 40	34	26			23			48, 51	12, 28, 34	12, 28, 34	
Improves nail growth																33									
Moisturises and nourishes the skin		19, 23	9, 18, 22, 36	9, 18	9, 18, 22, 36	9, 18, 22, 36	18, 22, 28, 36	9	9, 18, 36			2, 18	18	47, 44, 41, 43	9, 18, 36	3, 9, 18, 22, 26, 36	3, 18, 36		19, 23	19	23		9, 18, 28, 36	9, 18, 28, 36	
Protects the skin from sun damage								29	29					43	29							50	20		
Protects cell membrane from free radicals		17, 19	9, 18, 36	17, 9, 18, 10	9, 34, 18, 36	9, 34, 18, 36	34, 18, 36, 28	9, 18	9, 34, 18, 36			18, 10	18	44, 43	9, 34, 18, 36	9, 18, 36, 26	18, 36		17, 19	19	17	50	9, 20, 34, 18,	9, 34, 18, 36, 28	
Promotes cell renewal		22, 23	22, 23	10	12, 21, 5	12, 21	21		22			2, 10	39	44, 42, 43	2	2, 21	3, 21		23		23	48, 50, 51	21, 5	22	
Reduces acne and oily skin		21, 23, 25		13, 14	13, 14	21	21		14, 30			15		46, 45	30	21	21		23		23	48, 49, 51	12, 14, 15	12, 14, 15	
Reduces dandruff																			31	31	31				
Relieves arthritis and rheumatic pain						12						15	39										12, 15	12, 15	
Relieves skin irritation and itching		4	4	4	4	4	4	4	4			4		43	4		4		4	4	4	49, 51	4	4	
Reduces eczema			13	13	13			13	13																
Reduces dermatitis			13	13	13			13	13																
Reduces blood pressure			22		22	22	22									22							49, 51		
Reduces psoriasis			13	13	13			13	13																
Reduces redness					24							24		45					24		24				
Releases toxins		21	22		22, 24	21, 22	21, 22					38	38			21, 22	21		24, 37	37	24, 37				
Reduces cold and flu symptoms				14	14	12		14	14			15	39										12, 14, 15	12, 14, 15	
Reduces rosacea				13								13													
Reduces stress and tension			22	14	14, 22	22	22	14	14				39			22							48	14	14
Reduces fine lines and wrinkles									29					47, 43	29							49, 51			
Refreshing, revitalising, uplifting		21	22, 27	14	12, 21, 22, 34	14, 22, 34	21, 22, 27, 34	34, 14	14, 34			39		42	27, 34	21, 22, 27	21, 27		32	32	32	48	14, 14, 34	12, 14, 34	
Relieves itching, rashes and skin irritations					24							15							7, 24	7	7, 24		15	15	
Reduces swelling		4	4	4	4	4	4	4	4			4		4		4	4		4	4	4	49, 50	4	4	
Restores skin suppleness			9	9	9	9	9	9	9					42	9	9							9	9	
Stimulates collagen and elastin		4	4, 16	4	4, 16, 5	4, 16	4	4	4, 29			4		44, 43, 42	4, 29		4		4	4	4	48	4, 5	4	
Supports the immune system		4	4	4	4	4	4	4	4			4		4		4	4		4	4	4	48	4	4	

**SASY N SAVY ACTIVE INGREDIENTS**

The numbers relate to the above chart

	<b>Vitamin</b>	<b>Antioxidant</b>	<b>Nutrient</b>	<b>Minerals</b>	<b>Protein</b>	<b>Benefits</b>
1. Achillea Millefolium Extract	A and C	Yes		Yes		Anti inflammatory, antiseptic, heals cuts and burns, tightens the skin as a natural astringent, shrinking the appearance of pores and reducing acne
2. Allantoin	Yes	Yes	Yes	Yes		Anti inflammatory, renews skin cells, moisturises
3. Arctostaphylos uva ursi (bearberry ) leaf extract	C	Yes				Antioxidant, antiseptic, anti-bacterial, moisturises, renews skin cells, protects from the sun damage, enhances skin's complexion, lightens
4. Aloe barbadensis Leaf Juice	B, C and E	Yes		Yes	Yes	Anti-bacterial, anti-fungal, antiseptic, detoxifies, relieves skin irritation, moisturizes, heals wounds, soothes, relieves eczema, psoriasis & sunburns
5. Bambusa Arundinacea Stem Powder	A, B and E	Yes		Yes		Renews skin cells, absorbs excess sebum, supports and assists the healing of skin, antibacterial properties to cleanse, purify and detoxify.
6. Benzyl Alcohol		Yes				Anti-bacterial, anti-fungal, antiseptic
7. Betula Alba Extract / Betula Alba Leaf Extract	B and C	Yes		Yes	Yes	Relieves itching, rashes and skin irritations, moisturises and nourishes, anti-rheumatic, antiseptic, ant inflammatory
8. Butyl methoxy dibenzoylmethane						Moisturises and nourishes
9. Butyrospermum Parkii (Shea butter)	A and E	Yes	Yes	Yes		Restores skin suppleness, moisturises and nourishes
10. Camellia Sinensis Leaf Extract	B	Yes		Yes		Anti inflammatory, anti-bacterial, promotes cell renewal, anti-aging, astringent properties, fights acne, shrinks pores, regulates sebum production
11. Cinnamomum Cassia Leaf Oil		Yes		Yes		Anti-bacterial, anti-fungal, soothing, improves skin's tone, reduces acne, helps wounds, relieves itching
12. Citrus Aurantifolia (Lime) Oil	C	Yes				Anti-bacterial, anti-fungal, antioxidant, improves circulation, relieves arthritis and rheumatic pain, reduces cold and flu symptoms
13. Citrus Aurantium Bergamia (Bergamot) Fruit Oil	C	Yes				Astringent, reduces eczema, dermatitis, psoriasis, rosacea, acne and oily skin, regulates the sebum production, assists with acne blemishes
14. Citrus Aurantium Dulcis (Orange) Oil	C	Yes				Reduces cold & flu symptoms, stress and tension, tones the skin, enhances blood circulation & stimulates cell regeneration
15. Citrus Medica Limonum (Lemon) Peel Oil	C	Yes				Relieves arthritis and rheumatic pain, reduces cold and flu symptoms
16. Glycine Soja (Soybean) Oil	E	Yes		Yes	Yes	Stimulates collagen and elastin
17. Hamamelis Virginiana (Witch hazel) Water		Yes				Antioxidant, heals cuts, burns and abrasions
18. Hibiscus Sabdariffa (Wild Rosella) Flower Extract	A and C	Yes	Yes	Yes	Yes	Firms and hydrates, moisturises and nourishes
19. Hydrolysed Wheat Protein			Yes		Yes	Moisturises and nourishes, protects cells from free radical damage
20. Juglans Regia (Walnut) Shell Powder	B and E	Yes		Yes	Yes	Protects skin from sun damage, protects cells from free radical damage
21. Lavandula Angustifolia (Lavender) Oil	A and E	Yes		Yes	Yes	Anti inflammatory, anti-bacterial, reduces acne and oily skin, promotes cell renewal
22. Macadamia Ternofolia Seed Oil	A and B	Yes		Yes	Yes	Enhances circulation, hydrates, reduces blood pressure
23. Maris Sal				Yes		Cleanses and exfoliates, enhances circulation
24. Mentha Piperita (Peppermint) Oil / leaf powder	and K	Yes		Yes		Reduces redness, relieves itching, rashes and skin irritations
25. Mentha Viridis (Spearmint) Leaf Oil	and K	Yes		Yes		Antiseptic, antifungal, reduces acne and oily skin
26. Oenothera Biennis (Evening Primrose) Oil	A, B, C, E and K	Yes		Yes	Yes	Hydrates, heals blemishes, improves circulation, moisturises and nourishes
27. Pelargonium Graveolens Flower Oil	A, B, C, E and K	Yes		Yes		Anti-fungal, antiseptic, balances the body
28. Persea Gratissima (Avocado) Oil	A, B, C, E and K	Yes		Yes	Yes	Hydrates, improves circulation, protects cells from free radical damage
29. Retinyl Palmitate	A	Yes			Yes	Reduces fine lines and wrinkles, protects the skin from sun damage
30. Rosa Canina Fruit Oil	A and C	Yes		Yes		Antiseptic, hydrates, reduces acne and oily skin
31. Rosmarinus Officinalis (Rosemary) Leaf Oil	A, C and B	Yes		Yes	Yes	Antiseptic, enhances circulation, reduces dandruff
32. Salvia Officinalis (Sage) Leaf Extract	A, C and E	Yes		Yes		Anti inflammatory, anti-bacterial and antiseptic
33. Silica		Yes		Yes		Improves nail growth
34. Simmondsia Chinensis (Jojoba) Seed Oil	C and E	Yes		Yes		Enhances circulation, hydrates, heals blemishes
35. Terminalia Ferdinandiana (Kakadu Plum) Fruit Extract	A, C and E	Yes		Yes		Balances the body, energising and soothing
36. Tocopheryl Acetate (Vitamin E)	E and C	Yes				Moisturises and nourishes the skin, protects cells from free radical damage
37. Urtica Dioica (Nettle) Extract	E	Yes		Yes	Yes	Anti inflammatory, anti-bacterial, detoxifies the body
38. Vaccinium Myrtillus (Bilberry) Leaf Extract	C	Yes		Yes		Anti inflammatory, releases toxins
39. Citrus reticulata (Mandarin) Peel Oil	C	Yes		Yes		Relieves arthritis and rheumatic pain, promotes cell renewal
40. Squalane	A, D and E	Yes				Detoxifies the body, energising and soothing
41. Panthenol (Vitamin B5)	B5	Yes			Yes	Anti inflammatory, energising and soothing
42. Sodium ascorbyl phosphate (vitamin C)	C	Yes	Yes			Restores skin suppleness, stimulates collagen and elastin
43. Retinyl palmitate (vitamin A)	A	Yes			Yes	Relieves irritation and itching, stimulates collagen and elastin
44. Folic acid (vitamin B9)	B9	Yes				Hydrates, improves circulation, stimulates collagen and elastin
45. Nicotinamide (vitamin B3)	B3	Yes	Yes			Anti inflammatory, anti-bacterial, antiseptic, reduces redness
46. Backhousia Citriodora (Lemon Myrtle) Oil	A and E	Yes		Yes	Yes	Anti-bacterial, anti-fungal, reduces acne and oily skin
47. Sodium Hyaluronate		Yes				Enhances blood circulation, reduces fine lines and wrinkles
48. Magnesium		Yes	Yes			Anti inflammatory, improve skin appearance, enhances collagen, reduces acne, helps muscle & nerve function and supports the immune system
49. Hemp oil	A and E	Yes		Yes	Yes	Balances, moisturizes & hydrates. Reduces eczema, dermatitis, psoriasis, rosacea, acne and oily skin, reduces fine lines & wrinkles
50. Emu oil	A and E	Yes			Yes	Anti inflammatory, moisturizes, prevents skin aging, prevents from sun damage, heals wounds, promotes cell renewal
51. Camphor	B12, D and E	Yes				Anti-inflammatory/fungal/bacterial. Relieves skin irritation, itchiness, heals wounds, reduces acne, stimulates collagen and elastin. Reduces wrinkle